

The  
*Venue*  
Country Hotel



**BAKWENA**

pure indulgence®

DAY  
SPA

*Exclusiv*

EXPERIENCE

pure indulgence

**Full Body Massage And  
Hot Stones** - 50 Minutes

**R450**

Ancient Stones carrying the energy of the Earth invigorate and stimulate the body as warm oils are drizzled over the body. Hot Stones then release the tension trapped deep within the muscles. A great warming treatment for anytime of the year assisting in pain relief and improved circulation.

**Invigorating Spa Body Treatment** - 50 Minutes

Prepare your skin for the African Summer with a full body exfoliation. Choose from a salt or sugar scrub, traditional mielie meal or natural body brush to leave your skin radiantly beautiful and soft.

**R450**

**Hydrating Aloe Facial** (Non Beauty Facial) - 50 Minutes

This desert plant is not only medicinally beneficial but packed with active compounds that nourishes moisturises and protects.

**R450**

**Scalp, Neck and Shoulder Massage** - 50 Minutes

Calming for the mind surprisingly deeply relaxing, ideal for the workaholic or those who endure mental as well as physical stress.

**R295**

**Foot, Ankle and Calf Massage** - 50 Minutes

Our feet, ankles and calves help us run, walk and jump. They work hard for our bodies and need tender loving care. To have a foot massage on sore feet can feel like heaven, let alone the wonderful relief one gets from a massage on your ankles and calves! Our massage helps heal and care for you by improving circulation and blood flow, through it delivering nutrients to these parts of your body as well as lowering blood pressure. So whether you have just run a marathon, or about to, or even if you are not a sportsperson, this massage will help relieve and restore your lower legs, feet, ankles and joints so you will want to jump for joy!

**R295**

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